

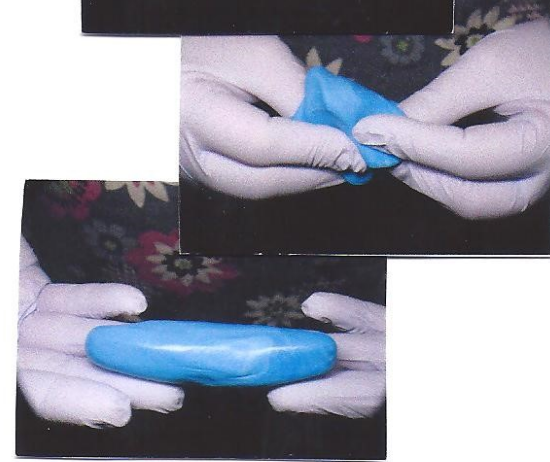
the tray. If the tray is not covering the back molar area please call True Impressions for larger tray.

**Step 2**

Remove impression material from refrigerator.

**Step 3**

Take material and quickly knead material together using only fingertips. Knead until you have one uniform color.



**Step 4**

Roll the material into a log that is about 4 inches long. It should be slightly thicker in the middle.

**Step 5**

Place the material into the U-shape of the impression tray. Keep the material high in the front and on the sides of the tray.



**Step 6**

Insert tray into mouth. Try to center tray handle with center of front teeth.



**Step 7**

Do not bite down on tray. Push the tray onto the teeth and into the gum area with steady pressure. Keep the tray still after it has been pushed into place. Pull your lips over the front of the tray. Hold in mouth until the putty becomes firm (approx 2 1/2 - 3 min).



**Step 8**

Remove from mouth. A good impression should include all the teeth and extend to the gum tissue above the teeth. If impression of teeth does not look sufficient contact us.

**Step 9**

Rinse in warm water. Once completely set (approx 5 min), return it back to the bag. Place into the labeled box and mail

